Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Augus Brunswick	st 2015 Senior C	Penter		Department trips 1 for August: 8/20 - Lighthouse Cruise 8/28 - Renfrew Museum
2	Center Closed	9:00 Strength Tr 4 10:30 Wii Bowling		9:00 Strength Tr. 6 10:30 Wii Bowling	10:00 – 3:00 7 Lunch out & Wal-Mart Shopping Charlestown, WV	8
9	Center Closed	9:00 Strength Tr 11 10:30 Wii Bowling 12:00 Church Lunch 12:30 Word Games 5:30 PIZZA & Card Party	10:30 Sit & Be Fit 12 10:30 Nurse Steve "Flu & Vaccinations" 12:45 "Sour" BINGO	9:00 Strength Tr. 13 10:30 Wii Bowling 11:00- <i>Playing with</i> food-Lemon-topped Ice Pops Creativity Corner- Floral Creations	14 10:00 – 3:00 Emmitsburg Picnic	Lemonade offered
	Center Closed	10:30 Wii Bowling 11:45 Nutrition	10:30 Sit & Be Fit 19 11:30 Lunch out with Friends	9:00 Strength Tr. 10:30 Wii Bowling 11:00 Playing with food-Watermelon Pizza Dinner & Dance	10:15 Card Games 21 11:00 Wii Bowling 12:00 Boxed lunch 1:00 Local Shopping	with lunch every 22 day.
23	Center Closed	10:30 Wii Bowling 12:30 Junk Drawer Detective	10:30 Sit & Be Fit 26 11:30 BP Self-check 12:45 "Beverage" BINGO	9:00 Strength Tr. 27 10:30 Wii Bowling 11:00 <i>Playing with</i> <i>food</i> -Sorbet in Lemon bowls	10:15 Card Games 28 11:00 Wii Bowling 12:00 PIZZA Bar Join us for lunch and make your own pizza	29
Brunswick 30 Senior Center "Where the finest people meet" Brunswick Senior Center	Center Closed	at Brunewick MD 24	in A	o Lemonade engust	seniorcenter@frederio	ekcountymd gov